

PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 08:30 untill 09:25. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M MEDLEY MEN 11+					Heat:2, starttime: 09:33
Heat: 2/7 Lane : 2 Athlete: NYS ROBBE					Q-time: 01:39:03
PB (25m pool): 01:39.03 Viersen-Dülken 22/03/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:39.03	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:2, starttime: 09:33
Heat: 2/7 Lane : 5 Athlete: CHRISTIAENS GIEL					Q-time: 01:37:13
PB (25m pool): 01:37.13 Aarschot 26/04/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.25		01:37.13	
	00:44.25 00:52.88				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:2, starttime: 09:33
Heat: 2/7 Lane : 7 Athlete: VANDEBROUCK ARNO					Q-time: 01:40:09
PB (25m pool): 01:40.09 Viersen-Dülken 22/03/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:40.09	
	no time				
					

Coach feedback:

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Event number: 19: 100M MEDLEY MEN 11+					Heat:3, starttime: 09:35
Heat: 3/7 Lane : 1 Athlete: POORTERS ARNE					Q-time: 01:29:14
PB (25m pool): 01:29.14 Viersen-Dülken 22/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:29.14	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:3, starttime: 09:35
Heat: 3/7 Lane : 6 Athlete: KÄHLER MATHIAS					Q-time: 01:27:11
PB (25m pool): 01:27.11 Aarschot 26/04/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.51		01:27.11	
	00:41.51 00:45.60				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:4, starttime: 09:37
Heat: 4/7 Lane : 3 Athlete: THOELLEN SIMON					Q-time: 01:19:16
PB (25m pool): 01:19.16 Aarschot 26/04/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.40		01:19.16	
	00:38.40 00:40.76				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:4, starttime: 09:37
Heat: 4/7 Lane : 6 Athlete: CUYPERS MAXIME					Q-time: 01:19:24
PB (25m pool): 01:19.24 Aarschot 26/04/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.40		01:19.24	
	00:38.40 00:40.84				
					

Coach feedback:

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Event number: 19: 100M MEDLEY MEN 11+					Heat:4, starttime: 09:37
Heat: 4/7 Lane : 8 Athlete: VANRUSSELT RAFAËL					Q-time: 01:22:46
PB (25m pool): 01:22.46 Bree 31/05/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.46	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:5, starttime: 09:39
Heat: 5/7 Lane : 6 Athlete: TORDEUR KILIAN					Q-time: 01:10:31
PB (25m pool): 01:10.31 Bree 31/05/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:10.31	
	no time				
					

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:1, starttime: 09:44
Heat: 1/6 Lane : 3 Athlete: BERGHMANS LAUREN							Q-time: 02:48:44
PB (25m pool): 02:48.44 3500 Hasselt 23/11/2025							PB (50m pool): 02:44.12 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB		00:38.92		01:22.59		02:06.96	02:48.44
	00:38.92		00:43.67		00:44.37		00:41.48
							

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:1, starttime: 09:44
Heat: 1/6 Lane : 6 Athlete: VANIERSCHOT KATO							Q-time: 02:49:19
PB (25m pool): 02:49.19 Bilzen 25/01/2026							PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB		00:36.57		01:19.23		no time	02:49.19
	00:36.57		00:42.66				
							

Coach feedback:

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Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:2, starttime: 09:48	
Heat: 2/6 Lane : 6 Athlete: BERGHS JINSE							Q-time: 02:36:47	
PB (25m pool): 02:36.47 Oberhausen 03/05/2026				PB (50m pool): 02:38.01 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.39		01:16.68		01:57.25		02:36.47
	00:36.39		00:40.29		00:40.57		00:39.22	
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:2, starttime: 09:48	
Heat: 2/6 Lane : 8 Athlete: GABRIëLS AMELIA							Q-time: 02:44:08	
PB (25m pool): 02:44.08 Lommel 02/03/2025				PB (50m pool): 02:38.41 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.04		01:19.93		02:02.98		02:44.08
	00:38.04		00:41.89		00:43.05		00:41.10	
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:3, starttime: 09:51	
Heat: 3/6 Lane : 8 Athlete: DREESSEN LYANA							Q-time: 02:32:04	
PB (25m pool): 02:32.04 Aarschot 26/04/2026				PB (50m pool): 02:35.50SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.73		01:12.94		01:53.36		02:32.04
	00:33.73		00:39.21		00:40.42		00:38.68	
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:4, starttime: 09:54	
Heat: 4/6 Lane : 4 Athlete: TORDEUR LUCIE							Q-time: 02:21:19	
PB (25m pool): 02:18.40 3500 Hasselt 24/11/2024				PB (50m pool): 02:21.19 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.65		01:07.80		01:43.50		02:18.40
	00:32.65		00:35.15		00:35.70		00:34.90	
								

Coach feedback:

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Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:4, starttime: 09:54	
Heat: 4/6 Lane : 6 Athlete: MÜLLER RENA							Q-time: 02:22:03	
PB (25m pool): 02:22.03 3500 Hasselt 23/11/2025				PB (50m pool): 02:25.32SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.95		01:09.94		01:46.21		02:22.03
	00:33.95		00:35.99		00:36.27		00:35.82	
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:5, starttime: 09:57	
Heat: 5/6 Lane : 4 Athlete: JANSSEN LAUREN							Q-time: 02:18:59	
PB (25m pool): 02:18.59 Hasselt 12/10/2025				PB (50m pool): 02:23.59 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.28		01:07.78		01:44.12		02:18.59
	00:32.28		00:35.50		00:36.34		00:34.47	
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:6, starttime: 10:00	
Heat: 6/6 Lane : 3 Athlete: BROUX ELISE							Q-time: 02:09:75	
PB (25m pool): 02:09.75 Hasselt 12/10/2025				PB (50m pool): 02:11.81 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.09		01:02.80		01:36.35		02:09.75
	00:30.09		00:32.71		00:33.55		00:33.40	
								

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+					Heat:2, starttime: 10:05
Heat: 2/4 Lane : 2 Athlete: MIJSLINSKI JAYDEN				Q-time: 01:12:75	
PB (25m pool): 01:12.75 Pelt 05/10/2025			PB (50m pool): 01:06.73 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.83		01:12.75	
	00:32.83		00:39.92		
					

Coach feedback:

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Event number: 21: 100M BUTTERFLY MEN 13+					Heat:2, starttime: 10:05
Heat: 2/4 Lane : 6 Athlete: TORDEUR ILIAS					Q-time: 01:11:95
PB (25m pool): 01:11.95 Bree 31/05/2026					PB (50m pool): 01:11.74 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.31		01:11.95	
	00:33.31		00:38.64		
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:2, starttime: 10:13
Heat: 2/4 Lane : 6 Athlete: VANHAEN ALESSIA					Q-time: 01:43:92
PB (25m pool): 01:43.92 Bilzen 25/01/2026					PB (50m pool): 01:41.18 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.23		01:43.92	
	00:50.23		00:53.69		
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:4, starttime: 10:17
Heat: 4/4 Lane : 1 Athlete: VANHEES HANNAH					Q-time: 01:32:79
PB (25m pool): 01:32.79 Temse 17/11/2025					PB (50m pool): 01:30.13 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.00		01:32.79	
	00:44.00		00:48.79		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 10:23
Heat: 2/7 Lane : 4 Athlete: VANDEBROUCK ARNO					Q-time: 01:33:14
PB (25m pool): 01:33.14 Bree 31/05/2026					PB (50m pool): 01:35.22 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.50		01:33.14	
	00:46.50		00:46.64		
					

Coach feedback:

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Event number: 23: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 10:23
Heat: 2/7 Lane : 5 Athlete: MWIRI SAM					Q-time: 01:33:26
PB (25m pool): no time PB (50m pool): 01:33.26 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 10:23
Heat: 2/7 Lane : 6 Athlete: CHRISTIAENS GIEL					Q-time: 01:35:76
PB (25m pool): 01:35.76 Bree 31/05/2026 PB (50m pool): 01:36.65 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.49		01:35.76	
	00:46.49 00:49.27				
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 10:23
Heat: 2/7 Lane : 7 Athlete: NYS ROBBE					Q-time: 01:41:79
PB (25m pool): 01:41.79 Viersen-Dülken 22/03/2026 PB (50m pool): 01:43.76 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:41.79	
	no time				
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 10:26
Heat: 3/7 Lane : 2 Athlete: KÄHLER MATHIAS					Q-time: 01:30:71
PB (25m pool): 01:30.71 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:33.09 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.62		01:30.71	
	00:43.62 00:47.09				
					

Coach feedback:

PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: GZVN

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 10:26
Heat: 3/7 Lane : 3 Athlete: POORTERS ARNE					Q-time: 01:29:38
PB (25m pool): 01:29.38 Viersen-Dülken 22/03/2026					PB (50m pool): 01:31.24 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:29.38	
	no time				
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 10:28
Heat: 4/7 Lane : 3 Athlete: VANRUSSELT RAFAËL					Q-time: 01:22:77
PB (25m pool): 01:22.77 Bree 31/05/2026					PB (50m pool): 01:24.22 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.29		01:22.77	
	00:40.29 00:42.48				
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 10:28
Heat: 4/7 Lane : 7 Athlete: CUYPERS MAXIME					Q-time: 01:25:09
PB (25m pool): 01:25.09 Viersen-Dülken 22/03/2026					PB (50m pool): 01:27.41 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.09	
	no time				
					

Coach feedback:

Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:1, starttime: 10:52	
Heat: 1/3 Lane : 5 Athlete: DREESSEN LYANA							Q-time: 03:11:87	
PB (25m pool): 03:11.87 Viersen-Dülken 22/03/2026				PB (50m pool): 03:19.15 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		01:29.98		no time		03:11.87
	no time							
								

Coach feedback:

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Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:3, starttime: 11:00	
Heat: 3/3 Lane : 1 Athlete: ZANGARI AURORA							Q-time: 02:55:26	
PB (25m pool): 02:55.26 Aarschot 04/05/2025				PB (50m pool): 02:59.46SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.72		01:24.21		no time		02:55.26
	00:39.72		00:44.49					
								

Coach feedback:

Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:3, starttime: 11:00	
Heat: 3/3 Lane : 7 Athlete: MÜLLER RENA							Q-time: 02:53:31	
PB (25m pool): 02:53.31 Hasselt 12/10/2025				PB (50m pool): 02:51.74 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.68		01:24.10		02:09.33		02:53.31
	00:39.68		00:44.42		00:45.23		00:43.98	
								

Coach feedback:

Event number: 25: 400M MEDLEY MEN 13+							Heat:1, starttime: 11:04	
Heat: 1/2 Lane : 6 Athlete: THOELEN SIMON							Q-time: 05:55:00	
PB (25m pool): 05:55.00 Aarschot 26/04/2026				PB (50m pool): 05:46.40 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:26.87		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:55.00
								

Coach feedback:

PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: GZVN

Event number: 25: 400M MEDLEY MEN 13+							Heat:2, starttime: 11:11	
Heat: 2/2 Lane : 8 Athlete: TORDEUR KILIAN							Q-time: 05:28:30	
PB (25m pool): 05:28.30 Aarschot 26/04/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.92		01:18.49		01:59.98		02:40.03
	00:35.92		00:42.57		00:41.49		00:40.05	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:27.50		04:15.38		04:53.22		05:28.30
	00:47.47		00:47.88		00:37.84		00:35.08	
								

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+							Heat:2, starttime: 11:18	
Heat: 2/8 Lane : 2 Athlete: VANIERSCHOT KATO							Q-time: 00:34:66	
PB (25m pool): 00:34.66 Beringen 08/02/2026				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			00:34.66					
	00:34.66							
								

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+							Heat:2, starttime: 11:18	
Heat: 2/8 Lane : 3 Athlete: BERGHMANS LAUREN							Q-time: 00:34:28	
PB (25m pool): 00:34.28 Beringen 08/02/2026				PB (50m pool): 00:34.03 SB: no time				
	2 5 M		5 0 M					
PB			00:34.28					
			00:34.28					
								

Coach feedback:

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Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:2, starttime: 11:18
Heat: 2/8 Lane : 4 Athlete: BERGHS JINSE			Q-time: 00:33:50
PB (25m pool): 00:33.50 Maastricht 30/12/2025			PB (50m pool): 00:34.14 SB: no time
	2 5 M	5 0 M	
PB		00:33.50	
		00:33.50	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:4, starttime: 11:20
Heat: 4/8 Lane : 4 Athlete: LUTS EMILIA			Q-time: 00:30:51
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:4, starttime: 11:20
Heat: 4/8 Lane : 5 Athlete: HABRAKEN AMBER			Q-time: 00:30:56
PB (25m pool): 00:30.56 Maastricht 30/12/2025			PB (50m pool): 00:30.29 SB: no time
	2 5 M	5 0 M	
PB		00:30.56	
		00:30.56	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:5, starttime: 11:21
Heat: 5/8 Lane : 5 Athlete: CUYPERS LINNE			Q-time: 00:30:24
PB (25m pool): 00:30.24 Maastricht 30/12/2025			PB (50m pool): 00:30.78 SB: no time
	2 5 M	5 0 M	
PB		00:30.24	
		00:30.24	
			

Coach feedback:

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Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:6, starttime: 11:22
Heat: 6/8 Lane : 1 Athlete: TORDEUR LUCIE			Q-time: 00:30:17
PB (25m pool): 00:30.17 Aarschot 04/05/2025			PB (50m pool): 00:30.13 SB: no time
	2 5 M	5 0 M	
PB		00:30.17	
		00:30.17	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:6, starttime: 11:22
Heat: 6/8 Lane : 3 Athlete: JANSSEN LAUREN			Q-time: 00:29:77
PB (25m pool): 00:29.77 Maastricht 30/12/2025			PB (50m pool): 00:30.07 SB: no time
	2 5 M	5 0 M	
PB		00:29.77	
		00:29.77	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:7, starttime: 11:23
Heat: 7/8 Lane : 3 Athlete: ZANGARI AURORA			Q-time: 00:29:04
PB (25m pool): 00:29.04 Maastricht 30/12/2025			PB (50m pool): 00:29.69 SB: no time
	2 5 M	5 0 M	
PB		00:29.04	
		00:29.04	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:2, starttime: 11:27
Heat: 2/3 Lane : 1 Athlete: MIJSLINSKI JAYDEN			Q-time: 00:34:81
PB (25m pool): 00:34.81 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:35.40 SB: no time
	2 5 M	5 0 M	
PB		00:34.81	
		00:34.81	
			

Coach feedback: